

# TRADITIONAL KARATE SEMINAR

## & FUDOKAN OPEN KARATE CUP

**PROF.DR.ILIJA JORGA**  
**10 DAN**

**PROF.DR.VLADIMIR JORGA**  
**10 DAN**

# PRAGUE 24.-26.9.2021

INFORMATION: [fudokan@volny.cz](mailto:fudokan@volny.cz)

## PROGRAMME

<b>24.09.2021</b>		
19.00.-21.00	training	9 kyu – Dan
<b>25.09.2021</b>		
09.00 – 10.30	training	9 kyu – Dan
10.30 – 11.30	seminar for coaches	5 kyu-Dan
14.00 – 15.30	training	9 kyu-6 kyu
15.30 – 17.00	training	5 kyu-Dan
17.00 – 18.00	seminar for coaches	5 kyu-Dan
<b>26.září 2021</b>		
09.00 – 10.00	training	9 kyu – Dan

Programme can be changed according to the number of accepted applications

**Place:** sport hall TJ Kobylisy, Praha 8, U Školské zahrady 430/9

**PRICE:** Children 13 years and younger 40,-Eur  
Children 14 years and older and adults 60,-Eur

**Registration:** deadline 16.9.2021 mail to: [fudokan@volny.cz](mailto:fudokan@volny.cz). Seminare is only for pre-registered participants. Spectators are not allowed. According to the current regulations of the Ministry of Health, the participants are obliged to hand over the certificate of vaccination or the completed test.

# 7<sup>th</sup> Fudokan Open Cup Prof.Dr.Ilija Jorga Soke 10 Dan

Date **September 26, 2021**

## SCHEDULE & PROGRAM

Athlete registration **September 25,**

**Place: Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9**

Athlete registration  
September 25,2021 8.45-9.15

September 26, 2021

**Place: Sport Hall Sokol Kobylisy, Prague 8, U Skolské zahrady 430/9**

Official opening ceremony 10.30  
eliminations, semifinals , finals  
children – cadets - juniors - seniors

## COMPETITION CATEGORIES - CHILDREN

Children (born in 2015-2014)	Children (born in 2013-2012)	Children (born in 2011-2010)	Children (born in 2009-2008)
*Individual Kata Girls A-B-C	*Individual Kata Girls A-B-C	*Individual Kata Girls A-B-C	*Individual Kata Girls A-B-C
*Individual Kata Boys A-B-C	*Individual Kata Boys A-B-C	*Individual Kata Boys A-B-C	*Individual Kata Boys A-B-C
Team Kata Girls	Team Kata Girls	Team Kata Girls	Team Kata Girls
Team Kata Boys	Team Kata Boys	Team Kata Boys	Team Kata Boys
Kihon Kumite Girls	Kihon Kumite Girls	Kihon Kumite Girls	Jyu Ippon Kumite Girls
Kihon Kumite Boys	Kihon Kumite Boys	Kihon Kumite Boys	Jyu Ippon Kumite Boys
			En-bu Mixed
			En-bu Boys

*\* INDIVIDUAL KATA - GROUP A: 9 - 7 KYU, GROUP B: 6 – 4 KYU, GROUP C: 3 KYU – DAN*

## KIHON KUMITE

1. Oi-Tsuki-Jodan forward
2. Age-Uke/Gyaku-Tsuki backward
3. Gyaku-Tsuki Chudan forward
4. Uchi-Uke/Gyaku-Tsuki backward
5. Mae-Geri-Chudan forward
6. Gedan-barai/Gyaku-Tsuki backward

## JYU IPPON KUMITE

**Attacker:** Oi-Tsuki-Jodan, Gyaku Tsuki-Chudan, Uraken Uchi Jodan,  
Mae Geri Chudan, Mawashi Geri Jodan,  
**Defender:** Uke-waza + Counterattack

## COMPETITION CATEGORIES – CADETS – JUNIORS – YOUTHS - SENIORS

Cadets (born in 2007-2006)	Juniors (born in 2005-2004-2003)	Youths (born in 2002-2001-2000)	Seniors 21 years and older
Individual Kata Female	Individual Kata Female	Individual Kata Female	Individual Kata Female
Individual Kata Male	Individual Kata Male	Individual Kata Male	Individual Kata Male
Team Kata Female	Team Kata Female	Team Kata Female	Team Kata Female
Team Kata Male	Team Kata Male	Team Kata Male	Team Kata Male
En-bu Mixed	En-bu Mixed	En-bu Mixed	En-bu Mixed
Enbu M-M	Enbu M-M	Enbu M-M	Enbu M-M
Individual Kumite Female	Individual Kumite Female	Individual Kumite Female	Individual Kumite Female
Individual Kumite Male	Individual Kumite Male	Individual Kumite Male	Individual Kumite Male

## PARTICIPATION FEES:

**Children:** 10 Eur per person and category, 15 Eur per team and category  
**Cadets, Juniors, Seniors:** 15 Eur per person and category, 20 Eur per team and category

## APPLICATION FORM

Please send to: fudokan@volny.cz - before September 16,2021

According to the current regulations of the Ministry of Health, the participants are obliged to hand over the certificate of vaccination or the completed test.

Each National Team must provide each registered participant (athlete, visitor, judge) with the appropriate insurance. In particular, all competitors must have the International Insurance stipulated by their National Federation. The organizers are not responsible for any injury, damage, theft, loss or cost suffered in connection with the event. Personal belongings are always the responsibility of the owner.

If you have any questions, please contact the Czech Traditional Fudokan Shotokan Karate Federation,  
Dipl.Ing. Rachmy Soebajo phone +420-608703235, mail : fudokan@volny.cz

**We wish you a very pleasant stay and are looking forward to welcoming you soon at the 7<sup>th</sup> Fudokan Open Cup  
Prof.Dr.Ilija Jorga Soke 10 Dan**

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Soebajo', written over a horizontal line.

Dipl. Ing. Rachmy Soebajo, 9 Dan  
Tournament Organizing Committee Chairman